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Minnesotan to Ride 500+ Miles From Minneapolis to Chicago in Support of Pink Pedals 4 A Cure | Terry's Ride and the Breast Cancer Research Foundation (BCRF)

Richmond, Minnesota, January 25, 2016 - In June, Al Reszel will embark on a 500+ mile bicycle ride from Minneapolis to Chicago. After months of research and training, Al will traverse the miles on his quest to support his wife Terry and raise awareness and donations for the Breast Cancer Research Foundation (BCRF). Al and Terry hope to raise a minimum of \$10,000 in donations for the BCRF.

Terry's story of survival began in 2000 when she received the first of many calls regarding her mammogram results. In 2001, after a courageous battle, Terry lost her cousin Cherry to breast cancer. From 2001 to 2009, Terry was forced to endure multiple biopsies and ultrasounds creating more and more cause for concern. Then in 2010, Terry was diagnosed with breast cancer. While waiting on test results of yet another biopsy, Terry received a call from her doctor, informing her of the breast cancer diagnosis. Soon thereafter, Terry underwent a bilateral mastectomy. Six years later, Terry counts her blessings and lives her life one day at a time. Through it all, Terry's husband Al and family were there to support her each step of the way.

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In 2016, that support continues as Terry's husband Al sets his sights on a 500+ mile bicycle ride to honor his wife's own courageous journey and to raise funds for the Breast Cancer Research Foundation (BCRF). Al's ride is aptly named 'Pink Pedals 4 A Cure | Terry's Ride'. In early summer, Al will set off from Minneapolis traversing over 500 miles to Chicago. His goal, to raise awareness for breast cancer research by attempting to raise \$10,000 in donations for the BCRF.

Al Reszel is 57 years old, is an avid bicyclist and outdoorsman, living with his wife Terry in Richmond, MN. Both Al and Terry have been residents of Minnesota for 22 years. Al's love of two-wheels started 25 years ago. Short afternoon rides quickly became 50 to 100 mile each weekend. Of late, Al has participated in recent breast cancer awareness rides in and around the mid-state region. After 29 years as a business executive and trainer for companies the likes of Well Fargo and Great Western Bank, Al made a bold decision to leave Corporate America, go back to school and get his Master Degree in Special Education. After earning his degree from Bemidji State University, Al began working as a Special Education teacher at Yellow Medicine East High School. Al has been teaching for five years now, loves working with 'his kids' and looks forward to many more years of working with his students. When Al isn't teaching or riding his bicycle, he spends time with his wife, family and three precious grandchildren.

For more information regarding 'Pink Pedals 4 A Cure | Terry's Ride' and/or to find out how you ... CAN SAVE A LIFE, please visit the official 'Pink Pedals 4 A Cure | Terry's Ride' website at <http://www.pinkpedals4acure.org>. To donate, please visit the 'Pink Pedals 4 A Cure | Terry's Ride' BCRF fundraising page at <http://give.bcrfcure.org/PinkPedals4ACure>.

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