



FOR IMMEDIATE RELEASE:

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**Minnesotan To Soon Embark On The Ride Of His Life. Richmond Resident
Readies For A 500+ Mile Solo Bike Ride From Minneapolis to Chicago In Support
Of His Wife, 'Pink Pedals 4 A Cure | Terry's Ride' And The Breast Cancer
Research Foundation (BCRF)**

Minneapolis/St. Paul, Minnesota, May 17, 2016 - Al Reszel is a few weeks away from embarking on an epic first-time life event, a 500+ mile solo bike ride from Minneapolis to Chicago. After months of research and training, Reszel will traverse the miles on his quest to support his wife Terry and raise awareness and donations for the Breast Cancer Research Foundation (BCRF). Through his ride and newly formed organization, Pink Pedals 4 A Cure | Terry's Ride, Reszel hopes to raise a minimum of \$10,000 in donations for the BCRF. Weather permitting, Reszel will begin his epic endeavor in early-to-mid June 2016.

Terry's story of survival began in 2000 when she received the first of many calls regarding her mammogram results. In 2001, after a courageous battle, Terry lost her cousin Cherry to breast cancer. From 2001 to 2009, Terry was forced to endure multiple biopsies and ultrasounds creating more and more cause for concern.

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Then in 2010, Terry was diagnosed with breast cancer. While waiting on test results of yet another biopsy, Terry received a call from her doctor, informing her of the breast cancer diagnosis. Soon thereafter, Terry underwent a bilateral mastectomy. Six years later, Terry counts her blessings and lives her life one day at a time. Through it all, Terry's husband Al and family were there to support her each step of the way.

In 2016, that support continues as Terry's husband Al sets his sights on a 500+ mile bicycle ride to honor his wife's own courageous journey and to raise funds for the Breast Cancer Research Foundation (BCRF). Al's ride is aptly named 'Pink Pedals 4 A Cure | Terry's Ride'. In early summer, Al will set off from Minneapolis traversing over 500 miles to Chicago. His goal, to raise awareness for breast cancer research by attempting to raise \$10,000 in donations for the BCRF.

Donations to Pink Pedals 4 A Cure | Terry's Ride can be made in any denomination. Currently, Pink Pedals 4 A Cure | Terry's Ride is asking for donations of \$5.00 with their '\$5.00 for 500' donation drive. If just 500 people donate \$5.00, Pink Pedals 4 A Cure | Terry's Ride can increase their overall donations by \$2,500.00.



\$5 FOR 500.
DONATE \$5 TODAY TO HELP PINK PEDALS 4 A CURE ACHIEVE THEIR \$10,000 DONATION GOAL, IN SUPPORT OF THE BREAST CANCER RESEARCH FOUNDATION (BCRF).

YOUR \$5
DONATION TO BCRF WILL HELP FIND A CURE AND POWER AL'S PINK PEDALS DURING HIS UPCOMING SOLO 500 MILE BIKE RIDE FROM MN TO IL.



TO DONATE <http://give.bcrfcure.org/PinkPedals4ACure>
MORE INFO <http://www.pinkpedals4acure.org>

Al and Terry Reszel at home in Richmond, MN

Reszel, 57, is an avid outdoorsman and bicycle enthusiast, living with his wife Terry in Richmond, MN. Both Al and Terry were born and raised in Chicago's south suburbs, but for the last 22-years, have been residents of Minnesota. After 29 years as a business executive and trainer for companies the likes of Well Fargo and Great Western Bank, Al made a bold decision to leave Corporate America, go back to school and get his Master Degree in Special Education. After earning his degree from Bemidji State University, Al began working as a Special Education teacher at Yellow Medicine East High School. Al has been teaching for five years now, loves working with 'his kids' and looks forward to many more years of working with his students. When Al isn't teaching or riding his bicycle, he spends time with his wife, family and three precious grandchildren.

For more information regarding 'Pink Pedals 4 A Cure | Terry's Ride' and/or to find out how you ... CAN SAVE A LIFE, please visit the official 'Pink Pedals 4 A Cure | Terry's Ride' website at <http://www.pinkpedals4acure.org>. To donate, please visit the 'Pink Pedals 4 A Cure | Terry's Ride' BCRF fundraising page at <http://give.bcrfcure.org/PinkPedals4ACure>.

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