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CONTACT:

Kevin W. Reszel

RESZEL INDUSTRIES INC.

(630) 524 4531 | publicity@reszel.com

59-Year Old Husband Of Breast Cancer Survivor Continues Cross-Country 3,500-Mile Solo Bicycle Ride Through Missouri and Illinois In Support Of His Wife Terry, Pink Pedals 4 A Cure | Terry's Ride, And The Breast Cancer Research Foundation (BCRF)

St. Louis, Missouri, June 26, 2018 - Al Reszel, 59, left the Santa Monica Pier on Sunday, June 3rd, kicking off a cross-country 3,500-mile solo bicycle ride in support of The Breast Cancer Research Foundation (BCRF). Reszel is currently riding through the state of Missouri, heading east to the global headquarters of the BCRF in New York City. Reszel left Marshfield, Missouri this morning hoping to reach St. Louis, Missouri by Thursday, June 28th and Bloomington, Illinois by the weekend. Over the next several weeks, Reszel will ride through thirteen states in all; California, Arizona, New Mexico, Texas, Oklahoma, Kansas, Missouri, Illinois, Indiana, Ohio, Pennsylvania, New Jersey, and New York. Reszel hopes to raise \$20,000 in donations for the BCRF and raise awareness regarding the importance of Breast Cancer Research.

Al and Terry Reszel are the co-founders of Pink Pedals 4 A Cure | Terry's Ride (PP4AC), a charitable endeavor launched in 2015 to help raise awareness for breast cancer research. This isn't the first time Al Reszel has attempted a long-range solo bicycle ride in support of his wife Terry and the BCRF. In June 2016, Reszel rode 517 miles from St. Paul, Minnesota to Geneva, Illinois. In June 2017, Reszel rode 1,744-miles from St. Paul, Minnesota to the BCRF global headquarters in New York City.

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“It’s a daunting ride to be sure, but Terry and I are committed to seeing it through,” said Al Reszel, Pink Pedals 4 A Cure | Terry’s Ride co-founder and solo bicyclist for the upcoming 2018 ride. Terry’s story of survival began in 2000 when she received the first of many calls regarding her mammogram results. From 2001 to 2009, Terry was forced to endure multiple biopsies and ultrasounds creating more and more cause for concern. Then in 2010, Terry was diagnosed with breast cancer. While waiting on test results of yet another biopsy, Terry received a call from her doctor, informing her of the breast cancer diagnosis. Soon thereafter, Terry underwent a bilateral mastectomy. Seven years later, Terry counts her blessings and lives her life one day at a time. Through it all, Terry’s husband Al and family were there to support her each step of the way. Al rides for his wife Terry, honoring her courageous journey.

Al Reszel is an avid bicyclist and outdoorsman, living with his wife Terry in Richmond, Minnesota. Both Al and Terry have been residents of Minnesota for 24 years. Al’s love of two-wheels started many years ago. Short afternoon rides quickly became 50-to-100 mile rides each weekend. Over the past few years, Al has participated in recent breast cancer awareness rides in and around the mid-state region. After twenty-nine years as a business executive and trainer for companies the likes of Well Fargo and Great Western Bank, Al made a bold decision to leave Corporate America, go back to school and get his Masters Degree in Special Education. Earning his degree from Bemidji State University in 2013, Al began working as a Special Education teacher at Yellow Medicine East High School in Granite Falls, Minnesota. Al has been teaching for seven years now, loves working with ‘his kids’ and looks forward to many more years of working with his students. When Al isn’t teaching or riding his bicycle, he spends time with his wife, family and four precious grandchildren.

For more information regarding the 2018 Pink Pedals 4 A Cure | Terry’s Ride or to find out how you CAN SAVE A LIFE with a donation to the BCRF, please visit the official Pink Pedals 4 A Cure | Terry’s Ride website at <https://pinkpedals4acure.org/>. To donate, please visit the ‘Pink Pedals 4 A Cure | Terry’s Ride’ BCRF fundraising page at <https://give.bcrf.org/fundraiser/1077635>. To follow Al on his epic journey, please visit the Pink Pedals 4 A Cure ‘Track The Ride’ blog at <https://pinkpedals4acure.org/track-the-ride/>.

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