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CONTACT:

Kevin W. Reszel

RESZEL INDUSTRIES INC.

(630) 338 7891 | publicity@reszel.com

61-Year Old Husband Of Breast Cancer Survivor Pedaling His Way Toward Minnesota On A 6,000-Mile Solo Bicycle Ride In Support Of His Wife and The Breast Cancer Research Foundation (BCRF)

Hazelton, North Dakota | June 30, 2020 - Al Reszel, 61, began day 36 of his true tour de force, in Hazelton, North Dakota, as he continues to pedal east toward his home state of Minnesota, in support of his wife Terry, a breast cancer survivor, and The Breast Cancer Research Foundation (BCRF). With 3,106-miles already behind him and 2,894-miles to go, Reszel is navigating the roads, wildlife, and surging COVID-19 reports as he continues his journey to raise awareness and donations for breast cancer research. On May 26, 2020, Reszel left Malibu, California, launching his solo bicycle ride, attempting to travel 6,000-miles, across 16 states over 65-days. The first few days of the ride, Reszel traveled up the Pacific Coast through California, Oregon, and Washington State before turning east near Seattle. Reszel will continue east, crossing the whole of the United States, ending his 2020 Pink Pedals 4 A Cure | Terry's Ride at the global headquarters of The Breast Cancer Research Foundation (BCRF) in New York City.

The 2020 Pink Pedals 4 A Cure | Terry's Ride looked very different several months ago. At that time, Reszel planned on starting his ride in Anchorage, Alaska, traversing through Canada, dropping into the United States, heading east to New York City. Then, the COVID-19 event happened. After much consternation, Reszel decided the 2020 ride WOULD GO ON but the road to help raise awareness and donations for breast cancer research will sadly no longer include passage through The Land Of The Midnight Sun or our neighbors to the north in Canada. After months of research and training, Reszel decided to navigate the 6,000-mile route within the borders of the United States, "The original plan, leaving out from Alaska and riding the untamed Land Of The Midnight Sun, into Canada, was going to be epic," said Al, Pink Pedals 4 A

Cure | Terry's Ride co-founder and solo bicyclist for the upcoming 2020 ride. "On to Plan B and an equally ambitious ride across our great country in support of critical breast cancer research." Al and Terry are the co-founders of Pink Pedals 4 A Cure | Terry's Ride (PP4AC), a charitable endeavor launched in 2015 to help raise awareness for breast cancer research. This isn't the first time Al Reszel has attempted a long-range solo bicycle ride in support of his wife Terry and the BCRF. In June 2016, Reszel rode 517 miles from St. Paul, Minnesota to Geneva, Illinois. In June 2017, Al rode 1,744-miles from St. Paul, Minnesota to the BCRF global headquarters in New York City. More recently, in June of 2018, Reszel rode 3,400-miles from the Santa Monica Pier in Los Angeles, California to the BCRF global headquarters in New York City. Terry's story of survival began in 2000 when she received the first of many calls regarding her mammogram results. From 2001 to 2009, Terry was forced to endure multiple biopsies and ultrasounds creating more and more cause for concern. Then in 2010, Terry was diagnosed with breast cancer. Ten years later, Terry counts her blessings and lives her life one day at a time. Through it all, Terry's husband Al and family were there to support her each step of the way. Al rides for his wife Terry, honoring her courageous journey.

Al Reszel is an avid bicyclist and outdoorsman, living with his wife Terry in Richmond, Minnesota. Al's love of two-wheels started many years ago. Short afternoon rides quickly became 50-to-100 mile rides each weekend. Over the past few years, Al Reszel has traveled thousands of miles and raised thousands of dollars for The Breast Cancer Research Foundation (BCRF). After twenty-nine years as a business executive and trainer for companies the likes of Well Fargo and Great Western Bank, Al made a bold decision to leave Corporate America, go back to school and get his Masters Degree in Special Education. Earning his degree from Bemidji State University, Al began working as a High School Special Education teacher. Al has been teaching for nine years and has loved working with 'his kids'. Al is retiring at the end of May, the same day the ride begins. When Al and Terry aren't on their Breast Cancer Rides, they enjoy spending time with their family and five precious grandchildren.

For more information regarding the 2020 Pink Pedals 4 A Cure | Terry's Ride or to support finding The Cure with a donation to the BCRF, please visit the official Pink Pedals 4 A Cure | Terry's Ride website at <https://pinkpedals4acure.org/>. To donate, please visit the 'Pink Pedals 4 A Cure | Terry's Ride' BCRF fundraising page at <https://give.bcrf.org/fundraiser/1849900>.

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